



Saint Thomas the Apostle CATHOLIC PARISH

ESTABLISHED 1857 | DIOCESE OF SACRAMENTO 1886



Our Parish Family includes Saint Thomas, the Apostle Parish, Saint Thomas, the Apostle School and Saint Anthony of Padua Mission Church.



Transfiguration of the Lord

Parish Mission

Under the guidance of the Holy Spirit, we the church answer the call of Christ to be a visible sign of His presence by participating in: Scripture and Sacraments, Worship and Prayer, Spiritual and Academic Education, Evangelization and Witnessing, Service and Charity, Fellowship and Community. Through our words and actions with our universal community of believers, we strive to share the love of God with the greater Oroville community and throughout the world.

MASS SCHEDULE

Saturday Vigil

5:30 PM
7:00 PM (Spanish)
at St. Thomas in Oroville

Sunday

8:00 AM & 10:30 AM at
Saint Thomas in Oroville,
12:30 PM Saint Anthony's
in Challenge

Daily Mass

Monday: 8:30 AM
Tuesday: 6:00 PM
Wednesday-Friday: 8:30
AM

Fr. German Ramos
Parochial Administrator
frramosoro@gmail.com

Thomas O'Connell
Deacon

Shirlee Ohls-Morris
Parish Bookkeeper

Mrs. Kelly Floyd
School Principal

Mrs. Tamara Landers
School Bookkeeper

Mrs. Kattie May
School Secretary

Parish Office
1330 Bird Street

Oroville, CA 95965
Phone: 530-533-0262
Fax: 530-533-1148

Mon-Thurs | 9:00 AM - 12:00
PM

Fridays | 9:00 AM - 12:00 PM,
1:00-3:00 PM

www.oroillecatholic.org

School Office

1380 Bird Street
Oroville, CA 95965
Phone: 530-534-6969
Fax: 530-534-9374
www.stschool.net

PARISH INFORMATION / I
NFORMACIÓN PARROQUIAL

Baptisms (Bautizos) Please contact the parish office
Sick Calls or Sacrament of Anointing (Unción de los Enfermos)

Please contact the parish office as soon as possible

Weddings (Matrimonios)

Minimum of six (6) months required for preparation. Please contact the parish office.

Funerals Please contact the parish office, for assistance in arranging a funeral service. We can also arrange a reception after the funeral if desired.

Sick Calls

Father Ramos would like to reach out to those parishioners who are homebound, or otherwise unable to attend Mass. If you, or someone you know, needs to receive a visit, or Sacraments you can find a Sick Call/Home Visit Request form in the Church Vestibule, the Parish Office or an on-line fillable electronic form, in English and Spanish, on the STAP website (<https://orvillecatholic.org>).

Announcements

Faith Formation Corner

The projected start date for Faith Formation is September 11, 2023, just 7-weeks away. And so we pray . . . O God, you have made us the church of your Son. Make our parish a family of one heart and mind in love towards you. Grant that as a parish family we never forget:

If we don't teach our children to follow Christ

The world will teach them not to.

Editor's Note

Your bulletin editor will be travelling out of the country this September, and is looking for someone who is willing to pitch in and help with the bulletin while I am gone. If you're interested, I will help train you.

Please contact Bryan at :

stthomasbulletin.orville@gmail.com
or drop a text to 530-403-3786.

Calling All Ministries

Please submit a calendar of meetings, events, and any other reservations you may need for your ministry. We will be coordinating the use of the Parish Office, the Community Center, and Fitzgerald Hall (in conjunction with the school), for 2023-2024. Please drop off your calendar by August 18, 2023.

Thank you for everything you do for our Parish Family!!!



SAINT

DOMINIC

AUGUST 8



Now we can see our good and bad deeds in a new and de-centered way. Our morality isn't about a heaven or hell scorecard. It's about lives open (or closed) to transfiguration, lives capable of revealing the glory of God in Christ to the world. Spouses, children, friends, co-workers, priests, consecrated women and men, and so on — we are all called to let the beauty of Jesus make our lives beautiful, little by little. His beauty in us is the center of our faith.

— Father John Muir

LITURGICAL CALENDAR
CALENDARIO LITURGICO

Sunday, August 6

8:00AM

10:30 AM

12:30 AM @St. Anthony's In
Challenge

Monday, August 7

8:30 AM

Tuesday, August 8

6:00 PM

Wednesday, August 9

8:30 AM

Thursday, August 10

8:30 AM

Friday, August 11

8:30 AM

Saturday, August 12

5:30 PM Vigil

7:00 PM Spanish Vigil

Sunday, August 13

8:00 AM

10:30 AM

12:30 AM @St. Anthony's in
Challenge

Rosary: *St. Thomas:* after the 8:30 AM Mass during weekdays, and after the 8:00 AM and 10:30 AM Sunday Masses

Sacrament of Reconciliation

4:00 PM Tuesdays

4:00 PM Saturdays

Or by Appointment

Adoration of the Blessed

Sacrament:

Every Tuesday: 4:00 PM-
5:30 PM

Every Friday: 9:00 AM-
11:00 AM

3rd Saturday of Every
Month, 8:00 PM

Frank Clanton	Jose Ignacio
Thomas Edward	Ramirez
Winter	Jose Ignacio
Ann Lewis	Ramirez-
(Loseke)	Gutierrez
Alan Armstrong	Jodi Williams
The Monsen	Mason Ray
Family	Williams
Victor and Joan	John Ritter
Briggs	Margaret
Jimmy Potestio	Carnahan
Patty Webber-	Patricia Laird
Smith	Julie Silveira
Jane Frericks	
Ray Firpo	

Silence in the grand scheme of things

Are there health benefits to silence - science says yes

Silence has been found to stimulate brain growth: In 2013, a study into brain structure and function found that a minimum of two hours of silence could result in the creation of new brain cells in the area of our brains linked to learning and recall.

Noise affects our stress levels by raising cortisol and adrenaline. A study in the journal *Heart* in 2006 found that silence can relieve tension in just two minutes.

Silence is more “relaxing” for your body and brain than listening to music – as measured by a lowering of blood pressure and increased blood flow to the brain.

Periods of silence throughout the day enhance sleep and lessen insomnia.

We have all heard advice about “winding down” before bed but few of us apply it to ourselves.

Research throughout the 20th century has linked noise pollution to an increase in heart disease and tinnitus. The World Health Organization likened it to a “modern plague.”

Lowering sensory input helps us to restore our cognitive resources. We stop feeling overwhelmed.

So silence is golden and also good for our health. **Silence is also necessary to hear the promptings of the Holy Spirit and to receive and preserve grace.** God does not shout. He speaks quietly and softly, in a “still small voice” (1 Kings 19:11-12). The promptings of the Holy Spirit are never heard in busyness and anxious activity, but rather in stillness and quietness of heart. “Be still and know that I am God” psalm 46:10

Readings for the week of August 6, 2023

Sunday: Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9/2 Pt 1:16-19/Mt 17:1-9

Monday: Nm 11:4b-15/Ps 81:12-13, 14-15, 16-17/Mt 14:13-21

Tuesday: Nm 12:1-13/Ps 51:3-4, 5-6ab, 6cd-7, 12-13/Mt 14:22-36 or 15:1-2, 10-14

Wednesday: Nm 13:1-2, 25—14:1, 26-29a, 34-35/Ps 106:6-7ab, 13-14, 21-22, 23/Mt 15:21-28

Thursday: 2 Cor 9:6-10/Ps 112:1-2, 5-6, 7-8, 9/Jn 12:24-26

Friday: Dt 4:32-40/Ps 77:12-13, 14-15, 16 and 21/Mt 16:24-28

Saturday: Dt 6:4-13/Ps 18:2-3a, 3bc-4, 47 and 51/Mt 17:14-20

Next Sunday: 1 Kgs 19:9a, 11-13a/Ps 85:9, 10, 11-12, 13-14 (8)/Rom 9:1-5/Mt 14:22-33

Observances for the week of August 6, 2023

Sunday: The Transfiguration of the Lord

Monday: St. Sixtus II, Pope, and Companions, Martyrs; St. Cajetan, Priest

Tuesday: St. Dominic, Priest

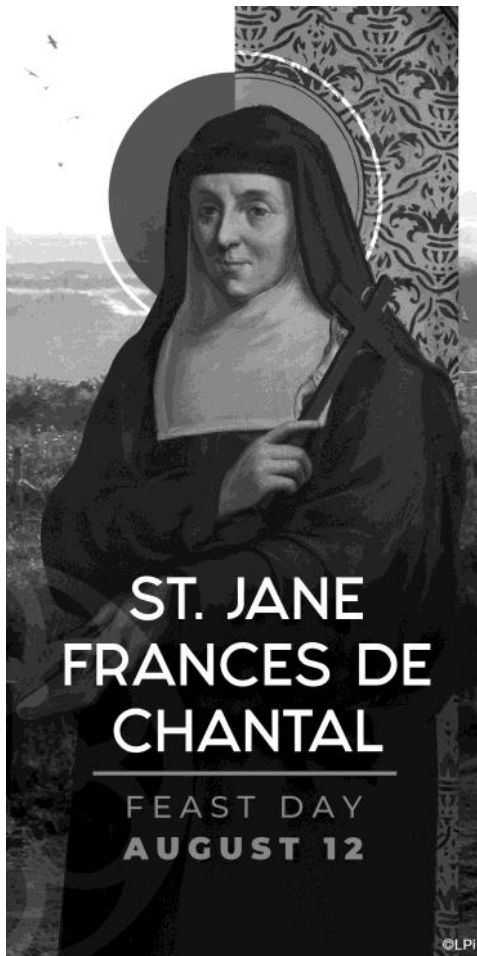
Wednesday: St. Teresa Benedicta of the Cross, Virgin and Martyr

Thursday: St. Lawrence, Deacon and Martyr

Friday: St. Clare, Virgin

Saturday: St. Jane Frances de Chantal, Religious

Next Sunday: 19th Sunday in Ordinary Time





**Pregnant?
Worried?
Need Help?**

*You are not alone.
We can help.*

The Gabriel Project
Call: 800-910-0191